



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Barbara Hawkins Elementary
Principal:	Rhonda Y. Williams
Phone Number:	305-624-2615
School Wellness/Healthy School Team Leader:	Stephanie Sills
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Rhonda Y. Williams, Principal Awanna Palmer, Assistant Principal Brian Thompson, Physical Education Teacher Marquette Wright, Cafeteria Manager
Committee Meeting Dates:	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: <ul style="list-style-type: none"> Promote free breakfast at school and good eating habits. Provide healthy meals and snacks to students and staff through the cafeteria. Physical Education: <ul style="list-style-type: none"> Fitness Training Physical Activity: <ul style="list-style-type: none"> Wellness Wednesday's Workout Club for Staff

	<p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> • Share Health Tips <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • Well way Wellness Program • Organize a health fair for students & parents to share information about health services, physical activity, and healthy eating habits.
Sustainability Practices:	<ul style="list-style-type: none"> • Posting educational flyers throughout the school. • Encourage the use of re-usable items such as water bottles for the water fountains. • Incorporating education on creating a school garden. • Eating a variety of fruits and vegetables through our Fruit/Vegetable grant.
Community Engagement:	<ul style="list-style-type: none"> • School Health Fair to share wellness information and build relationships with local businesses and community organizations. • School health professional provides healthy tips during meetings.
Monitoring and Evaluation:	<ul style="list-style-type: none"> • Committee Meeting Sign-In Sheets • Health Fair Attendance Sheet • Advertise on Social Media Platforms • Wellness Wednesday's Attendance Sheet

Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	N/A
---	-----